

Wraps

your choice of white, wheat, spinach, or tomato; kaiser roll or hoagie roll

Chicken and Steak Wraps

★ Buffalo Chicken spicy chicken, breaded or grilled, with sautéed onions & blue cheese	\$7.25
Chicken Parmesan breaded or grilled chicken with provolone, sautéed onions & pizza sauce	\$7.25
Chicken Balsamic with feta cheese, portobello mushrooms, sautéed onions & balsamic dressing	\$7.25
★ Thai Peanut Chicken with broccoli, lettuce & our homemade Thai peanut sauce (Cayenne Pepper recommended for extra spice.)	\$7.25
Chicken Caesar with parmesan cheese, lettuce & Caesar dressing	\$7.15
Chicken Taco with pepper jack & cheddar, our homemade black bean hummus, lettuce & tomatoes	\$7.25
★ Steak Taco with pepper jack & cheddar, our homemade black bean hummus, lettuce & tomatoes	\$6.85
BBQ Chicken with sautéed onions & cheddar	\$7.25
Philly Cheesesteak with provolone and sautéed onions	\$6.65
The Sherri Special chicken with provolone, lettuce, tomato & our homemade honey mustard	\$7.25
The Freeman chicken with bacon, cheddar, BBQ sauce & ranch dressing	\$7.50
★ The Scott Louis chicken with bacon, cheddar, American, sautéed onions, mushrooms, buffalo or BBQ sauce, or a blend of both	\$7.75
Chicken Teriyaki onions, lettuce, tomatoe and teriyaki sauce	\$7.75
★ New York Strip Steak Wrap Steak, Bell Peppers, mushrooms, roasted red peppers, onions, spinach, crumbled blue cheese with a light teriyaki glaze.	\$9.25
Chicken Fajita Chicken, Bell Peppers, cheddar, and pepperjack, onions, rice, Chipotle sauce, lettuce, tomato, & sour cream.	\$7.50

Ribs, Wings and Sanwiches

Baby Back Ribs- in a honey BBQ glaze 1/2 pound	\$11.95
pound	\$20.95
Buffalo wings jumbo buffalo wings with blue cheese and celery. (Honey BBQ, mild, hot)	
8 piece	\$6.95
15 piece	\$12.50

Philly Jalapeno- steak, onions, jalapeno, pepperjack cheese, topped with out homemade spicy ranch	\$7.25
Chloe's Crab Cake Sandwich- Homemade crab cake with lettuce and tomato served with a side of fries. (choice of tarter or cocktail sauce)	\$9.25
Seasoned Grilled Cheese Sandwich with tomatoe and Fries	\$7.25
Add Bacon	\$8.25

Seafood Wraps

Soft Shell Crab lightly fried soft shell crab, grilled shrimp, sauteed mushrooms, tomatoes and cheddar cheese with our homemade creamy special sauce	\$11.25
★ Buffalo Shrimp lightly breaded shrimp with cheddar, mushrooms, onions, hot sauce and our homemade creamy special sauce	\$9.50
Shrimp Parmesan lightly breaded shrimp with sauteed mushrooms and onions, provolone and parmesan cheese and marinara sauce	\$9.50
Tuna fresh tuna salad with provolone, lettuce & tomato	\$7.35
★ Tilapia Wrap drizzled with a cilantro based sauce topped with spring mix and tomatoes.	\$8.95

Vegetarian Wraps

★ Eggplant Parmesan fresh eggplant, lightly breaded, topped with provolone and parmesan cheese and marinara sauce	\$6.95
★ Grilled Veggie Wrap broccoli, roasted red peppers, artichoke hearts, sautéed onions, portobello mushrooms, zucchini & goat cheese	\$6.75
★ portobello Taco portabella mushrooms with our homemade black bean hummus, pepper jack, cheddar, lettuce & tomato	\$6.50
Thai Peanut Popper tofu with broccoli, carrots, lettuce, & our homemade Thai peanut sauce	\$6.50
Vegan Volcano tofu with our homemade black bean hummus, zucchini, carrots, sautéed onions, broccoli, lettuce & tomato	\$6.50
Veggie Fajita Wrap zucchini, carrots, onions, bell peppers, rice, spinach, sour cream, lettuce, cheddar, pepperjack chipotle sauce.	\$6.95

★ Staff Favorites! ★

Extra Toppings for Wraps or Salads
Cheese: 75¢, Chicken, steak or shrimp: \$2.50, Bacon: \$1.50
All other additional toppings: 75¢

More Wraps

★ Meat Lovers steak & chicken, sautéed onions, cheddar cheese with BBQ, buffalo or teriyaki sauce	\$8.10
Turkey Club fresh sliced deli meat with bacon, provolone, lettuce & tomato	\$7.25
Turkey Taco fresh sliced deli meat pepper jack & cheddar, our homemade black bean hummus, lettuce & tomato	\$7.15
Black Angus Burger Wrap with cheddar, sautéed onions, lettuce & tomato	\$6.75
Black Angus BBQ Burger Wrap with bacon, cheddar, sautéed onions, mushrooms, tomato & BBQ sauce	\$7.10
Meatball with provolone & pizza sauce	\$6.95
★ Roast Pork Wrap roast pork, sharp provolone, sauteed spinach and hot peppers	\$7.95

Breakfast Wraps

Egg and Cheese	\$5.25
Bacon or Steak Egg and Cheese	\$5.75
Egg whites available for additional 75¢	

Salads

Traditional Caesar romaine lettuce, croutons & parmesan cheese	\$5.50
with grilled chicken	\$7.50
with grilled shrimp	\$8.25
Thai Chicken Salad grilled chicken, lettuce, broccoli, peanuts & sesame seeds with our homemade Thai peanut dressing	\$7.35
Maya's Mediterranean Salad grilled chicken, lettuce, cucumbers, onions, feta cheese, black olives, tomatoes with choice of tzaziki sauce or balsamic dressing	\$7.50
Grilled Veggie Salad grilled broccoli, onions, artichoke hearts, roasted red peppers, mushrooms, zucchini and goat cheese on top of a bed of lettuce with balsamic vinaigrette	\$7.25
Spinach and Pear Salad spinach, goat cheese, roasted pears and candied walnuts with balsamic vinaigrette	\$7.50
Cobb Salad grilled chicken, lettuce, tomato, egg, and bacon with ranch dressing	\$7.50

Salad Dressings Available: Caesar, ranch, low fat ranch, balsamic vinaigrette, low fat balsamic vinaigrette, honey mustard, homemade Thai peanut

Appetizers/Sides and More

French Fries	\$3.25
Cheese Fries	\$3.65
Bacon Fries with cheese, ranch dressing and bacon	\$4.25
Sweet Potato Fries	\$3.95
Seasoned Chips with our home made black bean hummus	\$4.95
Coconut Shrimp (8)	\$6.25
Onion Rings	\$3.95
Mozzarella Sticks	\$3.95
Chicken Fingers served with honey mustard	
4 Chicken Fingers	\$4.95
6 Chicken Fingers	\$6.95
Dinner Combo 6 chicken fingers with fries	\$8.50

Quesadillas

All quesadillas come with sour cream and salsa. Guacamole is an additional 75¢

Cheese Quesadilla with cheddar, American & pepper jack	\$5.25
Chicken or Steak Quesadilla with cheddar, American, onions and tomato	\$7.35

Smoothies & Milkshakes

\$4.75

Protein Blast chocolate protein, peanut butter & banana

Crazy Chai chai, chocolate protein, peanut butter and banana

Banana Strawberry bananas, strawberries, yogurt, apple juice and honey

Peach Berry peaches, strawberries, yogurt, honey & orange juice

Rainforest Fusion pineapple, banana, orange juice and pina colada

Wahoo strawberries, pineapple, bananas and honey

Mango Tango mango, banana, orange juice and pina colada

Vanilla, Chocolate, Black & White, Vanilla Chai and Oreo Milkshakes

Desserts

Deep Fried Oreos	\$4.35
Chocolate Peanut Butter Crepe with warm marshmallow and vanilla ice cream	\$5.95
Double Fudge Brownies	\$2.00



The *wrap shack* was founded on a very simple principle: food should taste great. That is why we are constantly inventing creative ways to excite your taste buds. We use the freshest quality ingredients to offer you superior tasting food served in a friendly and relaxed atmosphere. Now, new and improved as the Wrap Shack Kitchen and Bar, enjoy new additions to our menu, brews and booze, plus bar stools and flat screen tv's. Our goal remains, come to the Wrap shack for great food, and a great time!

NOW SERVING Beer, Wine, and Specialty Cocktails



120 S. 18th Street · Philadelphia, PA 19103
Phone: 215.569.1666 · Fax: 215.569.1669

· *Online Ordering Available* ·
www.wrapshackpa.com

Hours

Monday-Thursday 10am-10pm

Friday 10am-12am

Saturday 11:00am-12am

Sunday 11:00am-9pm

· *Daily food and drink specials* ·
· *Catering and Delivery Available* ·

Follow us on Facebook & Twitter